



TURKEY TROT 2023

5K Race & 1 Mile Fun Run

Certified Course

Saturday, October 28, 2023

8 am - 5K & 9 am - Fun Run

City Hall in Daphne

Family Friendly Festival

7:30 to 10:30 am

with free food & drinks, children's games, booths & fantastic door prizes for all registered participants

Benefits:



Location: City Hall in Daphne

Turkey Trot 2023

Pre-registration:

Mailed entries should be postmarked by **Oct 13th** & sent to
Prodisee Pantry, 9315 Spanish Fort Blvd., Spanish Fort, AL 36527

In person Prodisee Pantry by **Noon Oct 26th.**

Online www.runsignup.com & www.prodiseepantry.org
by **11pm on Oct 26th**

Race day registration & packet pick-up:

in front of City Hall in Daphne @ 7 - 7:45am

Early Packet Pick Up & late registration:

Friday, Oct. 27th noon — 6 pm at Prodisee Pantry

Entry Fees: **Pre-registered:** 5K - \$25 Fun Run - \$10

Late Registration: 5K - \$30 1-Mile Fun Run: \$15

Shirt Only—Not Running: \$10

Awards:

5K Race: Top 3 Male & Female Overall, Masters, Grandmasters, & Senior Grandmasters. Top Male & Female in age groups: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, & 75-99

Fun Run: Top 3 Overall Male & Female 14 & under plus kid categories for our youngest fun runners

Team Awards: Most Funds Raised, Largest Team, Team Spirit, Fastest Team, Most Canned Goods Collected, & Cutest Booth

Costume Awards: Various children, adult & team

Shirts:

Participants pre-registered by October 8th will be guaranteed a shirt. Later registrants will receive shirts as supplies last.

Make checks payable to "Prodisee Pantry"

Last Name: _____ **First Name:** _____ **Age:** _____ **Sex:** _____

Address: _____ **City:** _____ **State:** _____

DOB: _____ **Phone:** _____ **Email:** _____

Donation to Prodisee Pantry \$ _____ **Member of a team?** Yes No **Team Name:** _____

Event: 5K Fun Run Shirt only **T-Shirt Size:** YS YM YL S M L XL 2XL 3XL

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Prodisee Pantry, LRH Productions, the City of Daphne, its employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____
(Parent/Guardian must sign for children under 19)

RCVD: _____